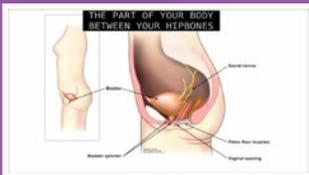
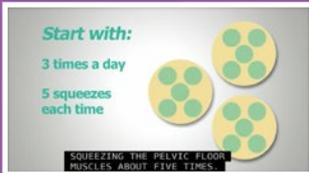


A decision aid for women  
experiencing urinary  
incontinence

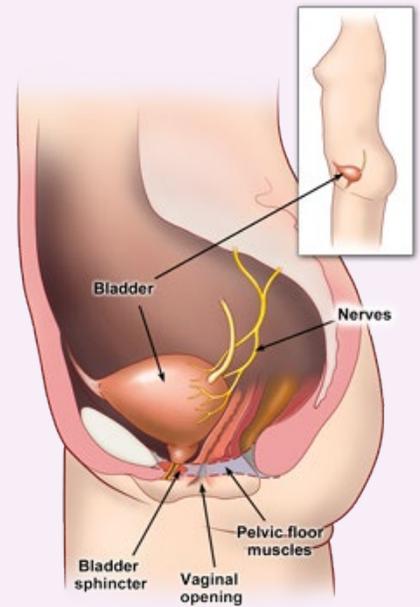


# Taking Control: Non-surgical Treatment Options for Urinary Incontinence in Women

<http://www.effectivehealthcare.ahrq.gov/ehc/decisionaids/urinary-incontinence>

Learn about:

- ❖ The condition of urinary incontinence (UI).
- ❖ Causes of UI.
- ❖ The treatment options for UI.
- ❖ What issues to consider when deciding about treatment options for UI.
- ❖ What you should ask your doctor when deciding which treatment is right for you.



Agency for Healthcare Research and Quality  
Advancing Excellence in Health Care • [www.ahrq.gov](http://www.ahrq.gov)