LEARN ABOUT:

- How osteoporosis increases your risk of breaking a bone.
- The dangers of breaking a bone.
- How and when your doctor will test you for osteoporosis.
- Medicines that can lower your risk of breaking a bone.

Go to http://www.effectivehealthcare.ahrq.gov/ehc/decisionaids/osteoporosis/ to help you talk with your doctor about keeping your bones healthy.